



# Infancy & Childhood

## 0/2/12 years

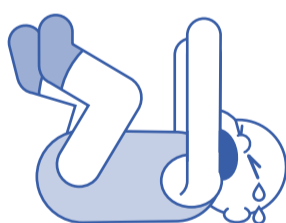
### Recommendations

- 01. "Start early:** Protect your baby's smile from the very first tooth!"
- 02. "Fight cavities:** Limit sugary snacks and prioritize fluoride toothpaste."
- 03. "Teething troubles?"** Soothe your child's gums with safe, clean remedies."
- 04. "Dental visits are a must —** book your child's first check-up when their first tooth appears."
- 05. "Say no to prolonged pacifier use** to avoid jaw deformities."
- 06. "Supervised brushing** ensures your child develops healthy lifelong habits."
- 07. "Encourage water over sugary drinks** for your toddler's oral health."
- 08. "Prevent dental trauma** with child-safe home setups."
- 09. "Fluoride: The secret weapon** against childhood cavities."
- 10. "Healthy habits** today lead to confident smiles tomorrow."

### Takeaway messages



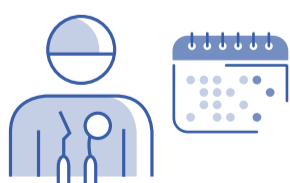
**Oral health care begins in infancy, with the first tooth eruption usually occurring between 6-8 months.**



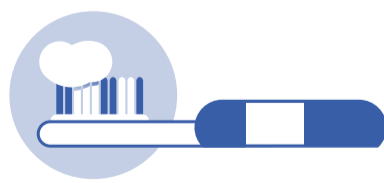
**Teething symptoms include swollen gums, irritability, and changes in eating and sleeping patterns, which require care and comfort measures.**



**Early childhood caries is the most common non-communicable disease, often caused by high sugar consumption and improper bottle feeding.**



**Regular dental visits should begin with the eruption of the first tooth and continue semi-annually.**



**Toothbrushing with fluoride toothpaste should start with the first tooth and evolve with the child's age and skills.**



**Preventing dental trauma and addressing pacifier habits are crucial to avoid long-term oral health issues.**